



EWG'S GUIDE TO SAFER SUNSCREENS





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EWG's sunscreen database rates the safety and efficacy of sunscreens and other products with SPF. We recommend products that provide long lasting, broad spectrum protection, with ingredients that pose fewer health concerns.

BE SAFE IN THE SUN THIS SUMMER

ewg.org/sunscreen

INGREDIENTS

AVOID

- Oxybenzone
- Vitamin A (retinyl palmitate)
- Added insect repellent

LOOK FOR

- Zinc oxide
- Avobenzone
- Mexoryl SX

PRODUCTS

AVOID

- Sprays
- Powders
- SPF above 50

LOOK FOR

- Cream
- Broad - spectrum protection
- Water-resistant
- SPF to suit your needs, 15-50



MORE USEFUL TIPS FROM EWG

- ewg.org/signup
- facebook.com/ewg.org
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Want to know more? Visit www.ewg.org/sunscreen

INSTRUCTIONS:

1. Cut along outside line.
2. Fold along middle line.

FOR MORE INFORMATION VISIT **EWG.ORG/SUNSCREEN**